


























# WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese 	Classic Beef Burger Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	BBQ Chicken Pizza  Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito   	Quorn Burger  Served with Potato Wedges	Roast Quorn  Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza   Served with Pesto Pasta	Veggie Fingers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
<p><b>Tomato Pasta</b> Fresh, homemade tomato sauce with penne pasta  </p> <p>All main meals are served with two vegetables</p>					
DESSERT	Raspberry Jelly	Oat Cookie with Fruit 	Rice Pudding with Jam	Flapjack with Fruit 	Chocolate Brownie

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain  
 Fruity!  Nutritionist's Choice

# WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	BBQ Chicken Served with Wholegrain Rice	Fish Fingers Served with Chips
JACKET POTATO	Vegetable Fajita Served with Wholegrain Rice	Chinese Vegetable Noodles	Winter Vegetable Hotpot	Macaroni Cheese	Quorn Dippers Served with Chips
DESSERT	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
<p><b>Tomato Pasta</b> Fresh, homemade tomato sauce with penne pasta </p> <p>All main meals are served with two vegetables</p>					
DESSERT	Crunchy Chocolate Mousse	Apple and Cinnamon Sponge with Custard	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain  
 Fruity! Nutritionist's Choice

# WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Sweet and Sour Chicken Served with Wholegrain Rice	Fish Fingers Served with Chips
JACKET POTATO	BBQ Quorn Fillet Served with Wholegrain Rice	Quorn Sausages Served with Mashed Potato and Gravy	Vegetarian Cottage Pie Served with Gravy	Tomato and Sweetcorn Pasta 	Quorn Dippers Served With Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Vanilla Ice Cream	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit 	Jam and Coconut Sponge with Custard	Chocolate Shortbread with Fruit 

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain  
 Fruity! Nutritionist's Choice