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	EEK 1 IENU			ø		Char So much more	twells
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Hot Main Dish	Cheese and Tomato Pizza 🛛 🖤	Chicken Pie	Roast Turkey	Beef Bolognese 💖 🐲	Breaded Fish	
22		Served with Jacket wedges	Served with Mashed Potato and Gravy	Served with Roast Potatoes and Gravy	Served with Wholemeal Pasta	Served with Chips and Two Vegetables	
20		Vegetarian Sausage 💟 💖	Macaroni Cheese 🛛 🔮	Sweet Potato Chickpea 💞 Roast	Vegetarian Bolognese 🥎 🖤	Quorn Dippers 💟	
TER	Alternative Dish	Served with Mashed Potato and Gravy	Served with Two Vegetables	Serve with Two Vegetables	Served with Wholemeal Pasta	Served with Chips and Two Vegetables	
	Salads			Freshly Prepared Salads Available every day			
Ž	Jacket Potato	Jacket Potato 🔊 🔊 🔊 🔊 Jacket Potato	Jacket Potato 🛛 🐼 With a choice of fillings	Jacket Potato 🛛 🗐 💖 With a choice of fillings	Jacket Potato V With a choice of fillings	Jacket Potato 🛛 🥹 🥪 With a choice of fillings	
UTUMN/WINTE	Pasta		Wholen	Tomato Pasta 🧐 👾 💟 neal Pasta with homemade Tomato S Available every day	Sauce		
AU	Vegetables			wo vegetable dishes available daily			
	Dessert	Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Oat Cookie with Fruit Slices 🍟	Secret Brownie	Plain Shortbread with Fruit Slices	•

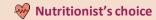
AVAILABLE EVERY DAY WATER, SALAD, FRESHLY BAKED BREAD YOGHURT AND FRESH FRUIT



😻 Wholegrain 🎽 Fruity! 💖 Nutritionist's choice

WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Cheese and Tomato Pizza 🕐	Pork Sausage	Roast Chicken	Beef Lasagne	Breaded Fish
	Served with Carrot and Cucumber Sticks	Served with Mashed Potatoes and Gravy	Served with Yorkshire Pudding, Mashed Potato and Gravy	Served with a Garlic and Herb Bread Wedge	Served with Chips and Two Vegetables
	Mixed Bean Pasta 🛛 🙀 💟	Vegetable Lasagne 🛛 📀	Vegetable Pie	Sweet Potato Masala	Quorn Dippers 🛛 🔮
Alternative Dish	Served with Tomato Pizza Bread	Served with Garlic & Herb Wedge	Served with Mashed Potato and Gravy	Served with Wholemeal Rice	Served with Chips and Two Vegetables
Salads			Freshly Prepared Salads Available every day		
Jacket Potato	Jacket Pota V 💖 🔍 😽			• •	
Pasta	With a choice of fillings	With a choice of fillings Wholer	With a choice of fillings Tomato Pasta wwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwwww		With a choice of fillings
Vegetables		т	wo vegetable dishes available dail	у	
Dessert	Jam Sponge	Banana and Apricot Flapjack served with Fresh Fruit 🎽	Chocolate Ice Cream	Raspberry Ripple Cake	Strawberry Frozen Yoghurt with fresh fruit slices



Fruity! 🍏

AUTUMN/WINTER 2022

S Food				-							8	•
ore than Fantastic												
Cha So much m	FRIDAY	Breaded Fish	Served with Chips and Two Vegetables	Vegetable Burger 🛛 🔇	Served with Chips and Two Vegetables		Jacket Potato 💟 💖	With a choice of fillings			Crispy Crackle Bar	ity! 😽
	THURSDAY	Cottage Pie 🛛 😽	Served with Two Vegetables	Vegetable Bolognaise 🝼 🏁	Served with Two vegetables		Jacket Potato 💟 💖	With a choice of fillings	auce		Chocolate Slice	😻 Wholegrain 🍏 Fru
ø	WEDNESDAY	Roast Gammon	Served with Roast Potatoes and Gravy	Vegetable Pastry Roll 💟	Served with Roast Potatoes and Gravy	Freshly Prepared Salads Available every day	Jacket Potato 💟 💖	With a choice of fillings Tomato Pasta 🔮 🐲	ieal Pasta with homemade Tomato S Available every day	vo vegetable dishes available daily	Strawberry Jelly	🕐 Vegetarian
	TUESDAY	Chicken Korma	Served with Wholemeal Rice	Vegetable Chow Mein 💖 💙			Jacket Potato 💟 💖	With a choice of fillings	Wholem	Тм	Fruit Flapjack 🍏	/AILABLE EVERY DAY TER, SALAD, FRESHLY BAKED BREAD DGHURT AND FRESH FRUIT
	MONDAY	Macaroni Cheese	Served with Two Vegetables	Vegan Chilli 🛛 😡 🔍	Served with Wholemeal Rice		Jacket Potato 💟 💖	With a choice of fillings			Strawberry Ice Cream with Fresh Fruit Slices 🎽	WA
VEEK 3 VIENU			Hot Main Dish		Alternative Dish	Salads	Jacket Potato	Pasta		Vegetables	Dessert	• •
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